



FSH-MD Support Group UK

Muscular
Dystrophy
Campaign



Are pleased to invite you to

The "Spring Mega Weekend Get Together" 2010



Friday 14th - Saturday 15th - Sunday 16th May

At

The Holiday Inn Haydock
Lodge lane
Newton Le Willows
Merseyside
WA12 0JG
M6 Junction 23

"Practical Living with FSH"

*The Weekend will include Presentations, Workshops,
Displays, Demonstrations and lots more
Including
Our 25th Anniversary Celebratory Dinner*

Visit our Website

www.fsh-group.org

[Or email Karen-fsh@hotmail.com](mailto:Karen-fsh@hotmail.com)

*Please see our price guide and information pages
5 Options available mix and match to
Create your perfect weekend*



The Spring Mega Weekend Get Together 2010

Friday 14th Saturday 15th Sunday 16th May 2010

Ideal for those travelling
from further a field

OPTION ONE- "The Full Monty"

*Overnight accommodation on Friday 14th & Saturday 15th
Friday night Dinner
Full English/continental Breakfast Saturday & Sunday Morning*

*Saturday Spring Get Together Part One 10am-4.30pm
Includes a 3 course lunch and 2 "themed" comfort breaks*

*Places at our 25th Anniversary Dinner (sat evening 7.30pm- midnight)
(Three courses Dinner)*

*Sunday Spring Get Together Part two 10am- 1.00pm
Includes coffee break & three course Sunday Lunch at 1.00pm*

*Cost £274 for TWO sharing one room
(£254 if Friday night Dinner not included when booking)*

NB: **Free** complimentary rooms are available (subject to availability) for those bringing carers. Please note the disabled access rooms (4 available) DO NOT have interconnecting rooms (carers Rooms will be located nearby). However standard interconnecting rooms are available. Meals and places at the "Get Together" for carers are not included in the above prices (see price guide)

Prices include free parking, and access to the hotel facilities including 15m Indoor pool, Spa Pool, Sauna And Gymnasium (please note there is no access hoist available at the pool)

Door Widths- disabled access rooms 35 inches - Standard Rooms 30.5 inches • Bed Height 22 inches

More information about the Holiday Inn, Haydock can be found at:

<http://www.ichotelsgroup.com/h/d/hi/1/en/hotel/WRTHA/welcome?start=1>

Ideal for attending the
Get Together's Parts 1 & 2
And the
"25th Anniversary Dinner"

OPTION TWO - "The One Nighter"

All of the above but **EXCLUDES** the Friday night accommodation, dinner, and
Saturday morning breakfast

Cost £184 for TWO sharing one room

Perfect for those living Locally
Can also be combined with the
Spring Get Together Part Two &
The 25th Anniversary Dinner

NEW Bookings can now
be made by cheque direct to
the Support Group please
see the "Day Only" Booking
form below

OPTION THREE - Saturday "Spring Get Together"

Spring Get Together 2010 Part One

On

Saturday 15th May 2010

10.00am- 4.30pm

(Registration opens at 9.15am for prompt 10.00am start)

At

The Holiday Inn

Haydock

(M6 Junction 23)

Practical Living with FSH

The day will include presentations, workshops, displays demonstrations plus lots more

Cost £28 per person

Includes 3 course lunch "Continental" morning break & "Chocoholics" afternoon break

*Celebrating 25 Years of
Support – Information - Encouragement*

More "Practical Living with FSH"

OPTION FOUR

FSH-MD Support Group UK

Are pleased to Invite you to their

"25th Anniversary Dinner"

On

Saturday 14th May 2010

In

The Willow Suite

At

Holiday Inn (Haydock)

(M6 Junction 23)

7.30 - Midnight

Cost £20 per person

3 course dinner choice of menu
(Drinks not included)

OPTION FIVE

"Spring Get Together Part Two"

On

Sunday 16th May 2010

10.00am- 1.00pm

(Registration opens at 9.15am for prompt 10.00am start)

At

The Holiday Inn

Haydock

(M6 Junction 23)

Practical Living with FSH

Cost £19 per person

Includes 3 course Sunday Lunch
And morning coffee break



Spring Get Together and 25th Anniversary Dinner at the Holiday Inn Haydock

**Bookings for all options should be made direct to the Holiday Inn Haydock
Please ask for Tracey McCarroll Conference Manager
Telephone 01942868330 (direct line)
Bookings will need to be made by credit/debit cards**

Places are limited so please book early to avoid disappointment. Rooms cannot be guaranteed after
12th April 2010 for options one or two
Latest date for booking options Three, four & Five is 30th April 2010
or sooner if the events becomes fully booked
All bookings are subject to the terms and conditions of the Holiday Inn Haydock which is part of the IHG.

Please complete the booking form below before ringing the Holiday Inn Haydock as it will help speed up the booking process

(A) Please choose your option/options and state number required.

Option One

£254* - £274*
per 2 people

Option Two

£184*
per 2 people

Option Three

£28 pperson

Option Four

£20 pperson

Option Five

£19 pperson

(B) *I will require a complimentary Carers Room YES/NO

These rooms are **limited** and are available on a strictly first come basis.
Meals and events are charged separately if the carer is the third member of the party.

*Option 1 = £104 per carer • *Option 2 = £75.50 per carer

Name _____

Address _____

Postcode _____

Telephone _____ Mobile _____ Email _____

Names of Guests /Carers _____

Special Dietary Requirements _____

How many wheelchair users will be in your party?

How many will be using walking aids?



NEW Day Only Booking form,
for payment by cheque direct
to the support Group

Day Booking Form for the "Spring Get Together" 2010

(Saturday 10-4.30 Only)

Name _____

Address _____

_____ Postcode _____

Telephone _____ Mobile _____

Email _____

Names of your carers/guests _____

Special Dietary Requirements _____

How many wheelchair users will be in your party?

How many will be using walking aids?

I/We require _____ tickets for the "Spring Get Together"
(£28.00 per person) and enclose a cheque for £_____ in full payment.

I am/we are unable to attend this event but would like to make a donation of
£_____ in support our group.

Thank you, your support is greatly appreciated.

I am/we are unable to attend this event but would like to be informed of future
Events.

Please make cheques payable to: Muscular Dystrophy Campaign (FSH Support Group)

And return to

FSH-MD Support Group UK

C/o Moira Findlay

10 Stonyhurst Court

Shelton Lock

Derby

DE24 9JZ

NB: Places are limited so please book early to avoid disappointment. No applications will be accepted after
FRIDAY 30th April 2010 or sooner if the event becomes fully booked.

Sorry! No refunds can be made after FRIDAY 30th April 2010 as numbers will have been confirmed with the venue